

The
FLEDGLING
Programme



2024

OVERVIEW AND
INFORMATION

Welcome to the Fledgling Programme 2024!

We would like to extend our warmest congratulations to you on your acceptance into the Fledgling Programme for 2024. We are thrilled to have you on board and cannot wait to embark on this exciting journey together.

As co-founders Monica Brosnahan and Daniel Cooper, we are honored to be part of your dance education. The Fledgling Programme was created to fill an identified gap in the support available to New Zealand dance students as it is a challenge to transition from full-time training to professional employment with low success rates despite the high investment in full-time training. Fledgling programme students are supported to plot a course towards the world stage that turns their dreams and goals into reality.

Our Commitment to You

First and foremost, we want you to know that our primary objective is to support you in achieving your dreams and goals. We understand the passion and dedication required to excel in the world of dance, and we are here to provide guidance, encouragement, and inspiration throughout your time in the programme. The Fledgling Programme seeks to develop resilience, self-value and confidence in its young dancers. We foster a creative and supportive learning environment that equips students with the skills to realise their full potential.

Important Information

This booklet includes essential details about the Fledgling Programme that will be instrumental in ensuring a successful and fulfilling experience for you. Should you have any questions or concerns, please do not hesitate to reach out to us. We are here for you and happy to help.

How We Can Help

As your mentors and program directors, we will be actively involved in your journey. Our experienced team of instructors, choreographers, and industry professionals will work together to provide comprehensive training across various dance styles, fostering both technical proficiency and artistic expression. We are also keenly aware that dance encompasses much more than just physical abilities. Therefore, we will offer guidance and support in areas such as performance skills, injury prevention, mental well-being, and audition preparation. Our goal is to develop well-rounded dancers who not only excel technically but also embody the artistry and professionalism necessary for success.

Open Communication

We value open communication and believe it is crucial for your growth and development. Whether you have questions, concerns, or ideas, we are here to listen. Feel free to reach out to us at any time, and we will be happy to schedule meetings or address your queries via email or phone.

A Fantastic Year Awaits

We envision an incredible year of dance filled with challenges, growth, and memorable experiences. The Fledgling Programme is designed to push the boundaries of what you thought possible, while providing a nurturing and supportive environment. Together, we will celebrate your achievements, tackle obstacles head-on, and create lasting bonds within our dance community. Once again, congratulations on your acceptance into the Fledgling Programme for 2024! We are excited to embark on this journey together and look forward to witnessing your progress throughout the year.

Warmest regards,

Monica Brosnahan and Daniel Cooper
Co-Founders of the Fledgling Programme

Fledgling

Introducing the inspiration behind the name: Fledgling ... The little ship that could!



The Fledgling Programme is named after Monica and Daniel's home; their 36ft ocean-going yawl called "Fledgling".

SV Fledgling was designed by Kim Holman and built in the Netherlands in 1961. Her hull is built of steel, and her coach roof and decks from timber. Fledgling set sail for New Zealand from England in 1996 with a family of 6 onboard, and arrived in Auckland in 2001.

The little Fledgling is extremely strong and resilient yet beautiful and elegant yacht... she has all the same qualities we impart to Fledgling Programme students!



Classical ballet training: A note from Monica

Classical ballet is the fundamental base of organised dance, the dance system and everything that is studied and learned. It also demands personal mind-strength, physical strength, coordination, musicality, everything.

Growing up in South Canterbury, rural New Zealand I always knew that I wanted to become a professional ballet dancer. Even at a young age somehow I knew that I needed to be focused and goal oriented which enabled me to reach my dreams on the world stage with ballet, leading me to Australia, France, Denmark, Belgium, Spain, Ukraine and Russia. This enabled me to experience the worlds top training methods which now influences our Fledgling training programme. Stepping onstage at the Mariinsky Theatre for the first time I will always remember the feeling of that stage. Feeling the weight of history, the great dancers who have gone before and the expectations of the audience to be transported away from their daily lives for the duration of the ballet. It was a feeling of being part of something greater than oneself, something that is completely unselfish and requires qualities not often still valued in todays world.

Educating dancers to become professionals is a highly specialized enterprise and one which requires great care. Classical ballet is a slow process which when taught in professional schools is intended to be taught beginning at the age of 10 (following audition), 6 days a week, 5-6 hours a day, for 8-9 years of study. Previous to the age of 10 children study general physical fitness and stretching in order to prepare them for studying ballet in a professional sense. There are pre-ballet classes given which consist of strenghtening and stretching exercises, along with dancing steps (skips, gliding steps, polkas, etc.) and general music and coordination exercises. Simply stated, the program of study in ballet is so very slow and complex, it takes a great deal of maturity and physical strength to handle the demands when taught as it has been thought out and structured. This means a huge commitment by the child, the family and the teacher as ultimately, it comes down to what one puts in and how they work, day in, day out. "A teacher gives you an exercise, and you can sweat bullets or you can do it halfway." Artistry is the final goal that is created by an accomplished technician as it is not the goal to do "dancy-ness" at a young age, but to lay the required foundation. It is only once the foundation is secure and the student has matured mentally and physically then character can take shape in one's soul.

Ballet retains its traditional roots as an art form that is communicated from teacher to student and then to the audience. Teachers are keeping the practice of dance alive; they're nurturing it and breathing life into it during every class they teach. They are inspiring generation after generation of new students to find joy in movement, and to discover an appreciation for the traditions dance has to offer. Passing down the styles and techniques that were established long ago is a unique responsibility and one which requires much skill, knowledge as well as respect.

Thank you to our students and families for trusting us with your dance education as well as respecting the knowledge that we are passing on to the next generation of dancers.

Here at the Fledgling Programme we aim to instill in our students an understanding and respect for this historic artform by bringing together world-class ballet and world-class music. We are the only audition only private training programme to do so in New Zealand and we are proud to be able to provide this opportunity for dance students in New Zealand.

This is why the following policies and etiquette are in place as one would experience at any ballet academy or theatre throughout the world regardless of language or nationality.

Training block dates 2024

Each student's programme will be **individualised and aligned with their goals**. You will receive a **personal timetable** for your custom programme. The Fledgling Programme is structured into 10 week training blocks taking into account extra opportunities during the break periods. For students based outside of Christchurch, visits are always possible please just simply let us know.

At times extra classes and rehearsals **may** be called during holiday periods due to upcoming events and this will be advised in advance.

Monday 29th - Saturday 13 April.

No classes on the following days: Tuesday 6 February (Waitangi Day), 29th March (Good Friday), 1 April (Easter Monday), 2 April (Easter Tuesday).

Term 2 Monday 29th April - Friday 5th July

No classes on the following days: Monday 3rd June (King's Birthday), Friday 28th June (Matariki)

Term 3 Monday 22nd July - Saturday 28th September

Monday 14th October - Saturday 14th December

No classes on the following days: Friday 15th November (Canterbury Anniversary Day)
Monday 28th October (Labour Day)

Fledgling Programme opportunities 2024

Students are welcome to attend any of the following opportunities and you are only charged for what is attended. Students based outside of Christchurch are welcome to attend the Christchurch based Fledgling Programme classes during any of the four training blocks in the year. This is not a finite list of Fledgling Programme opportunities.

Strengthen, Prevent, Perform * Christchurch

Dates: January 25 - January 27, 2024

Our ballet fundamentals workshop is perfect for dancers to refine their technique and start 2024 strong. This workshop will focus on enhancing body alignment, posture, and flexibility. Participants will learn exercises that strengthen their core, improve balance, and develop secure fundamentals to start the year off with a focus on injury prevention.

Auckland Private coaching:

Dates: January 20 - January 23, 2024

Opportunity for Auckland based students to receive private coaching from Monica. Fine tune your technique, work on a variation. Solo choreography is also available.

Fledgling road trip #1 * Christchurch - Wanaka

Dates: TBC April 2024

Pack your theatre cases and hit the road with the Fledgling Programme road trip! Heading for Wanaka ready to put into practice what we have been working on in the 1st training block of 2024 at the Tititea Performing Arts Trust competitions.

Embracing the Classics * Auckland and Christchurch

Dates:

Christchurch Junior workshop: 13th July 2024 Senior workshop: 14th July 2024

Auckland Junior workshop: 17th July 2024. Senior workshop: 18th July

Held in Auckland this counterpointe winter ballet repertoire immersion workshop celebrates the timeless elegance of classical ballet. Participants will delve into excerpts from iconic ballets with a special insight into the music. Dancers will have the chance to embody the historic roles that have captivated audiences for generations and gain a deeper appreciation for the classics.

Auckland Private coaching:

Dates: July 17th- July 19th, 2024

Opportunity for Auckland based students to receive private coaching from Monica. Fine tune your technique, work on a variation. Solo choreography is also available.

Fledgling road trip #2 * Christchurch - Blenheim

Dates: TBC September school holidays

Pack your theatre cases and hit the road with the second Fledgling Programme road trip! Heading for Blenheim ready to put into practice what we have been working on during 2024 at the Blenheim performing arts competitions

Performance * Christchurch

Dates: TBC December 2024

Step into the spotlight and let your passion for dance shine! It's time to put your musicality, artistry, and stage craft to the test. Join us as we celebrate the end of 2024 with a spectacular performance like no other.

Fledgling Programme end of year break up * Christchurch

Dates: Last day of term December 2024

Fledgling Programme expectations of conduct

The following is not exhaustive but rather a guideline of the expectations and etiquette of the historic artform of classical ballet

Students and families are expected to adhere to the following in respect to themselves, your teacher and your artform. The dance studio is a sacrosanct place of work and students are required to treat it as such by abiding with the below programme expectations and guidelines as outlined in this manual.

1. Behave in a respectful and professional manner towards all staff, students and visitors. Students are expected to behave with respect and decorum towards their teachers and peers at all times, inside the studio and out.
2. Act with honesty and integrity at all times.
3. Be on time, warmed up, fully prepared and ready for all classes and rehearsals. On time means being at your barre place, full ready (no warm ups) ready for class to commence.
4. If directed to mark steps, execute all movements of the arms full out.
5. If watching class, watch quietly and respectfully. It is polite to stand at the end if a bow is executed and always thank your teacher well as the accompanist.
6. Respect premises by keeping them neat and tidy, cleaning up after oneself and being responsible for your own property.
7. Seek permission to bring phones or cameras into the studios.
8. Unless an **emergency** it is ballet etiquette to not leave the studio for bathroom breaks. Appropriate times are prior or after class. If necessary during class between barre and centre is an appropriate time to minimize disruption to the learning environment.
9. Refrain from eating (inc. gum) and drinking into the studios. Bottled water is permitted and must be stored correctly.
10. Address your teacher with respect by using their preferred name for example Miss Monica. It is not acceptable to use slang or shorten teachers' names.

The following behaviours do not align with Fledgling Programme expectations

1. Arriving late for classes/rehearsals, walking in and out while music is playing, or leaving without permission.
2. Unexcused absence from class without communication
3. Talking during classes/rehearsals or interrupting Academy staff.
4. Leaning on the barres, mirrors or pianos.
5. Crossing in front of a teacher/répétiteur or people dancing.
6. Sitting during classes/rehearsals unless directed to do so.
7. Not wearing full uniform or needing to be requested to adhere to uniform standards.
8. The Fledgling Programme has a zero drug and underage alcohol and smoking policy. Students being involved in use of these substances of any kind will result in immediate expulsion.

If disrespect is shown to any teacher/guest teacher, students will be asked to leave class. If inappropriate behaviour or disrespect is continually displayed the Fledgling Programme reserves the right to request a meeting with the family to discuss the students continued enrolment status in the programme as per **'complaints, concerns and disciplinary actions'**

Uniform

1. Warm up and outerwear **MUST** be worn when representing the Fledgling Programme eg at masterclasses, auditions, intensives, competitions etc. This also includes any group travel for example when flying together as a group.
2. Any ballet leotard/attire may be worn for classical ballet classes.
3. Fitted leggings and tops may be worn for pilates, gyrotomics and conditioning classes.
4. Leggings or uniform tracksuit to be worn for contemporary classes.
5. We recommend students have a suitable rehearsal skirt or half-tutu for variation coaching.
6. Warm up items are not allowed to be worn for classes. Students are expected to arrive with sufficient time to warm up and be ready for classes. The building is heated with radiators and an additional heat pump for the colder months. The studio/warm up area is available at least 15 mins prior to class.
7. Small studs are the only jewelry allowed. Any other jewelry including bracelets and rings are a safety hazard and students will be asked to remove them immediately. Please also make sure you aren't wearing hair ties on your wrists before class as you will be asked to remove them.
8. Please note that hair is to be neat and of exemplary standard in a suitable classical ballet hairstyle **AT ALL TIMES** out of respect for yourself, your craft and your teacher. Students with messy hair will be asked to leave the class to fix it.
9. Footwear: Any style of flat shoes may be worn for classes but must have ribbons (no elastic). Pointe shoes are subject to approval by your teacher.
10. Undergarments: Must not be visible.

In your dance bag as a minimum should contain:

1. All shoes required for classes. Flat shoes to be sewn with bloch ribbon (available from Stage Door). Pointe shoes to be approved by the teacher and always correctly prepared and ready for class.
2. Your Fledgling Programme notebook and pen for corrections and theory.
3. A basic stitch kit with needles, safety pins, nail scissors and cotton to repair broken straps and ribbons.
4. Water bottle
5. Hand towel
6. Theraband, tennis ball, any personal conditioning tools or suchlike.
7. A small personal first aid kit, band-aids, strapping tape and any other blister prevention products, personal products or suchlike.
8. A small hair kit, brush/comb, hairspray, hair clips/nets and suchlike.

Logo uniform

Logo wear is ordered approximately twice a year and an order form will be emailed. Orders including full payment must be received by the advised deadline in order for your order to be confirmed and placed.



Uniform pants: These are made to measure in Kyiv, Ukraine by @muromtseva.store. Designed by a Ukrainian ballet dancer and made by her mother. Items are handmade and then put on a bus to Budapest before being shipped to New Zealand.

\$100nzd plus postage



Uniform jacket: Soft shell navy jacket made from 320gm 2 layer softshell that has a 95% polyester 5% elastane exterior and a 100% polyester fleece lining for added comfort and warmth. Further, it has a medium water repellent and wind resistant finish. This comes with 2 side zip pockets and concealed hood. The Fledgling Programme logo will be embroidered on the left chest.

Available in childrens sizes 6 - 16 and adults small, medium, large

\$90nzd GST inclusive.



Uniform t-shirts: White organic cotton t-shirts available with the counterpointe logo embroidered on the left chest.

Available in childrens sizes 8 - 14 and adults small, medium, large

Children sizes **\$40nzd GST inclusive.** Adult sizes **\$45NZD GST inclusive**

All orders to be placed via email: counterpointe2023@gmail.com. Payment is required in order for your order to be confirmed.

Attendance:

Consistency is the key to progress and not possible without regular attendance at class. Absence from class adversely affects potential progress and will impact on programme progression and results.

Due to the very nature of the Fledgling Programme we have the ability to be flexible and at times may adjust your training programme due to planned absences.

This is why communication is vital so that we can plan your programme effectively.

1. Students need to attend all scheduled classes, rehearsals and suchlike.
2. Students will be placed in classes based on ability and will be recommended a program of classes that will bring them the most benefit and enjoyment.
2. Absences will impact on this and may result in a student's programme level needing to be adjusted or their programme enrolment status evaluated.
3. Fledgling Programme faculty have the final say with regard to student participation in examinations, competitions, auditions and suchlike.
4. Should the faculty feel a student is not performing to a certain standard, the faculty reserves the right to pull a student from participation.
5. It is **vital** for all students to view class unless they are seriously ill or contagious for ongoing benefit through visual learning and technical progression in their classical ballet training. Training programme modifications will be provided for any injuries and a structured training plan outlined.

ALL ABSENCES (INCLUDING ARRIVING LATE OR LEAVING EARLY) must be communicated by the parent, carer or guardian in advance via email or txt (in writing).

Communication:

We value open communication and believe it is crucial for your growth and development. Whether you have questions, concerns, or ideas, we are here to listen.

1. Any personal concerns or questions should be addressed to counterpointe2023@hotmail.com in the first instance. Urgent contact please txt 0223820525.
2. Social media is not an appropriate means of communication
3. It is extremely important to text or email Miss Monica if your child is going to miss a class. This includes kiwistudio and dance reformer.
4. The Fledgling Programme must be informed of the students full dance schedule (including all other classes, summer/winter schools, troupes, competition entries and suchlike) regardless of whether the student is participating in such things as part of the Fledgling Programme or with other dance schools.
5. The Fledgling Programme must always be credited as the students' school and listed as such on applications, competition entries and such like. It is always possible to list multiple schools and this must happen in respect to Fledgling Programme tutors and any other teachers of the student or schools the student attends.
6. If a student attends multiple dance schools it is the student and their families responsibility to communicate with the other school. By attending the Fledgling Programme we presume that you have the support and permission of any other dance or academic schools.

Students or families have three avenues of communication

1. Phone: Monica Brosnahan (022 382 0525) or Daniel Cooper (027 254 2887)
2. Email: counterpointe2023@gmail.com
3. Meeting: Available in person or via another means such as zoom

During training block dates the Counterpointe and Fledging programme office hours are:

Monday 9:00am - 3:00pm
Tuesday 1:30pm - 3:00pm
Saturday 9am - 3:00pm

Outside of these hours messages will be responded to as soon as ***reasonably*** possible.

Fee terms and conditions

Fees and Payment

An invoice will be issued and due prior to the commencement of each training block. A 5% late fee will be added to the original total of the invoice if the invoice remains unpaid without communication. **You are welcome to arrange a payment plan, please contact us for more information and to arrange this in advance of the invoice due date.**

Tuition fees are non-refundable or transferable including the Fledgling Programme annual support fee. The intention of the Fledgling Programme is to see you launch and fly away however if withdrawing before your programme end date we do require notice.

Hatchling: Four weeks notice prior to the commencement of the next training block date.

Nestling: Four weeks notice prior to the commencement of the next training block date.

Fledgling: Ten weeks notice prior commencement of the next training block date.

Students attending partner schools/training may have different withdrawal deadlines. Due to our commitments to tutors, studio hire and partners such as kiwi studio **we are unable to accommodate late withdrawals, late payments or non-fee paying students.**

Extra payments due will be advised in advance and payment by the due date is required. For example: examination entries, competition entries, extra studio hire, travel and accommodation, extra lessons not included in tuition fees and such like.

Private lessons must be paid for **in cash at the time of lesson**. Please label payment with the student's name and date of lesson. An admin fee of \$15 will apply to all private lessons not paid for at the time of lesson or if invoiced by request. 24 hours notice required for cancellation otherwise full payment is still required unless the slot has been able to be filled by another student.

Programme duration

Students are accepted on a yearly basis and **2025 offer letters will be sent November 1st 2024**. Acceptance of this is due by **30th November 2024**.

Annual support fee

Each programme level has an annual support fee due to confirm the students place in the programme upon acceptance.

Hatchling: \$200.00. Nestling: \$250.00. Fledgling:\$300.00

This is not an exhaustive list but rather a guideline of what this fee enables us to provide Fledgling Programme students above and beyond their regular classes.

1. Fledgling Programme correction notebook and pen
2. 30 min in person or zoom meeting
3. Ongoing programme planning and support including emails, written plans and meetings.
4. Teacher attendance at local competitions
5. Music editing and cutting. Christchurch based programme students may use classical solo choreography which is the intellectual property of the Fledgling Programme. Costume design and assistance.
6. Attending pointe shoe fittings and advice
7. Letters of support and audition applications.
8. Fledgling programme students based outside of Christchurch are strongly encouraged to fully utilise their time in the programme with seeking out advice and support as included in your annual fee. Additional costs apply for additional training. Fledgling Programme students based elsewhere in New Zealand are welcome to join programme classes in Christchurch during any training blocks.

Above all communication is vital. We are always happy to assist as best we can but without communication this is not possible.

Health and wellbeing

Counterpointe and the Fledgling Programme recognises the responsibility it has under New Zealand law to have arrangements in place to safeguard and promote the welfare of children. In line with this Counterpointe and The Fledgling Programme has a Designated Safeguarding Lead (DSL) responsible for the maintenance and regular review of our safeguarding policy in accordance with legal and statutory guidelines. This policy is available via our website (www.counterpointe2023.com) and by request (email: counterpointe2023@gmail.com). If there is concern for a student's welfare, safeguarding referrals will be made as per our obligations and outlined in the safeguarding policy. In event of a serious emergency or life-threatening situation the 111 emergency service will be contacted.

Parents/Carers are required to provide their student's personal details and communicate (in writing) any information about any previous injuries and/or serious illnesses, and of any chronic complaints such as allergies or asthma, which may impact on the student's participation in classes. Students should discuss any injuries or concerns with the teacher prior to the commencement of each lesson. It is important for all students to view class unless they are seriously ill or contagious for ongoing benefit through visual learning and technical progression in their classical ballet training. Consistency is the key to progress and not possible without regular attendance at class. Absence from class adversely affects potential progress and will impact on programme progression and results.

If a student is perceived to be suffering from a condition which causes concern, Parents/Carers/legal guardians will be contacted and may be advised to seek professional treatment from a qualified medical practitioner. Students may not be permitted to resume training until a medical clearance has been provided. In specific cases, monitored, regular treatment may be made a condition of continuation in the course. If a student reports feeling unwell during a visit, or there is concern regarding the health of a student, a parent/carers/guardian/nominated emergency contact will be notified immediately and asked to collect their student. The Fledgling Programme by Counterpointe provides a safe learning environment to reduce the risk of injury. It should be recognized by all students, parents and guardians that dance by its very nature carries a risk of injury or accident.

Dance is a highly aesthetic art form, with an appropriate physique required for professional artists to perform safely and successfully, in line with professional industry expectations. The Fledgling Programme is committed to positively nurturing dancers in a way that supports adolescent growth, development, and a broader positive body image. To meet this objective, it is important that each students' nutritional needs are well-managed in order to optimise both their physique and performance. The Fledgling Programme respects that a student's physique is likely to change as they mature into young adults and dance artists and is committed to facilitating a healthy approach for each dancer during this time.

We support students as a whole person and recognise the demands that ballet places on both body and mentally. Ballet is a slow process and not one of instagrification. It is important that as a family your child is supported through this process and encouraged through the ups and downs which is natural and normal.

Often the times when one wants to quit is when the biggest breakthroughs happen. This is where your child needs your support to still give 100% after all when the going gets tough the tough gets going!

Recommended providers

As a starting point we recommend the following providers based on our personal experience. You are strongly encouraged to seek out and find the best fit for your family. We support this 100%. If you find a fantastic provider please let us know and we are always delighted to received recommendations New Zealand wide!

Physio: Erin Riddell Freedom Health www.freedomhealth.co.nz/the-team/

Sports Medicine: Pinnacle Sports Physicians www.pinnaclesp.co.nz

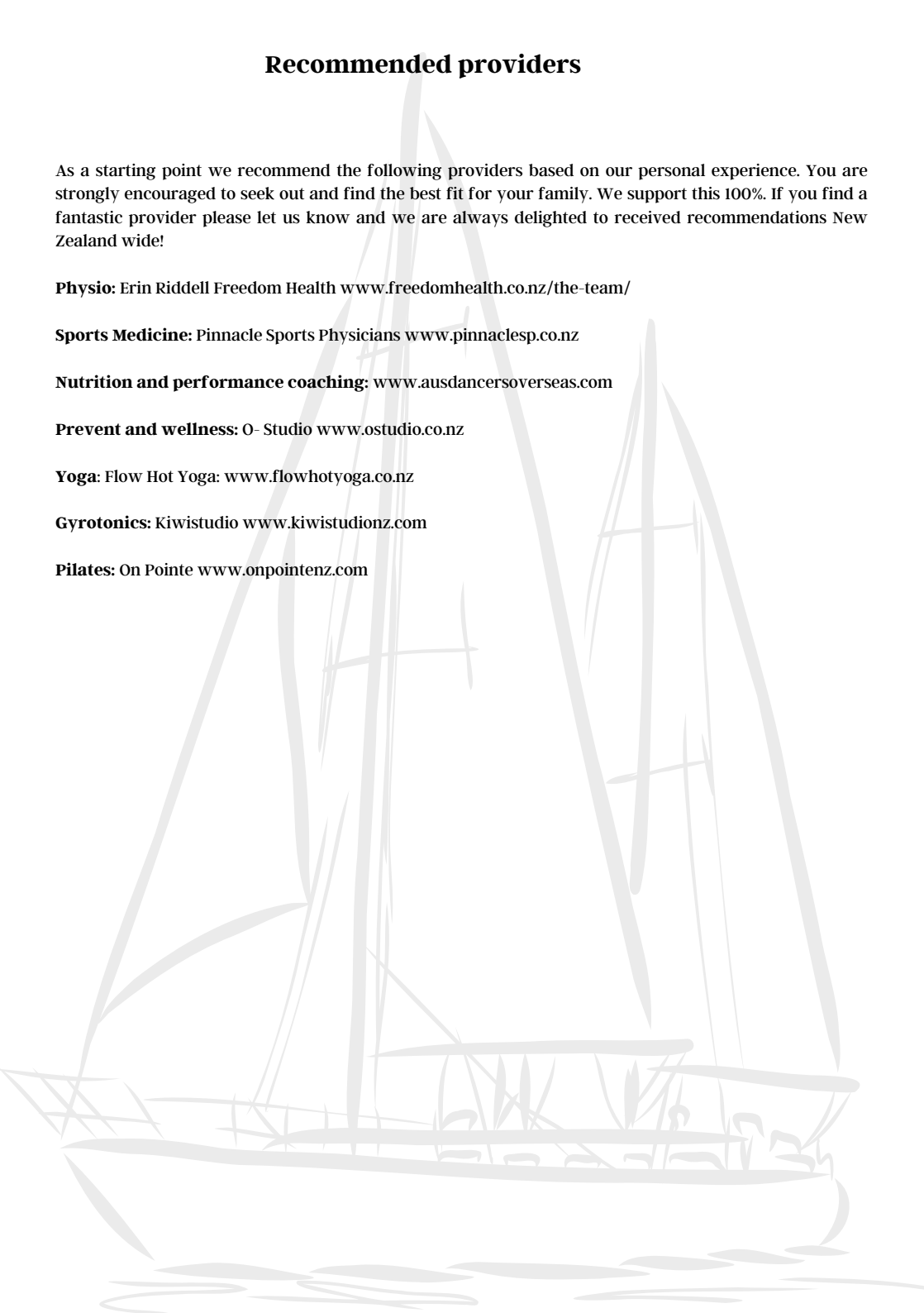
Nutrition and performance coaching: www.ausdancerseoverseas.com

Prevent and wellness: O- Studio www.ostudio.co.nz

Yoga: Flow Hot Yoga: www.flowhotyoga.co.nz

Gyrotonics: Kiwistudio www.kiwistudionz.com

Pilates: On Pointe www.onpointenz.com



Complaints, concerns and disciplinary actions.

Counterpointe and the Fledgling Programme safeguarding, code of conduct as well as the policies we abide by as a professional member of the Royal Academy of Dance are available at www.counterpointe2023.com as well as on request by emailing counterpointe2023@gmail.com

In the first instance a student or family have **three avenues of communication** to raise a concern.

1. Phone: Monica Brosnahan (022 382 0525) or Daniel Cooper (027 254 2887)
2. Email: counterpointe2023@gmail.com
3. Meeting: Available in person or via another means such as zoom

During training block dates the Counterpointe and Fledgling programme office hours are:

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Saturday 9am - 3:00pm

Outside of these hours messages will be responded to as soon as *reasonably* possible.

We want everyone to have a positive experience so students, parents (including carers or legal guardians), extended friends and family/whanau and staff must understand and comply with Fledgling Programme expectations otherwise the following process will be initiated.

1. In the first instance of a breach of expectations by student, parents (including carers or legal guardians), extended friends and family, staff or volunteers or such will be addressed verbally with the person in breach of expectations.

2. If this does not resolve the breach in line with programme expectations this will be addressed with a written warning outlining the breach. If this involves a minor (under 18 years) this will be sent via email to the parents/carers/legal guardians and receipt of this must be acknowledged before the student's next scheduled class.

3. Unsatisfactory resolution of this may result in immediate cancellation of enrolment with no refund or further discussion.

In all cases inappropriate, disrespectful, aggressive behavior or any actions against New Zealand law will result in **immediate cancellation of enrolment with no refund**.

By attending the Fledgling Programme the accepted student and family agree to support the above programme policies and agree to conduct oneself in accord with them.



Thank you to Selwyn Dental who is the official sponsor of the Fledgling Programme by Counterpointe.

www.selwyndental.co.nz

www.counterpointe2023.com